



# Starting Your Own Inspired Success Circle

I am thrilled that you would like to form an **Inspired Success Circle** and work the principles of *Inspired & Unstoppable*. **THRILLED**. In sharing this work, you strengthen it for yourself – and you will meet some of the most amazing visionaries, creative entrepreneurs, soul-searchers, freedom-seekers, and business colleagues you could ever hope to meet. Doing this practice with like-minded companions can lend your dreams more strength, direction, an assistance. You do not need “to know what you are doing.” So few of us do in life, and if you try, you’re ahead of the game.

## The Way the Group Works – and Thrives

I am always open to your creativity, so if you would like to add some of your own flair to your group – go ahead and dare it. I’m more interested in you following your Inspired Self than in you strictly following me. That said, if you are calling this an **Inspired Success Circle**, please use the material in the book. I am not as concerned about the exact form of the group or flourishes, but I am devoted to the content.

## Suggested Format

I’d suggest meeting for eight weeks and then cycling through again, as desired. You can have the first week be an introduction week, and then cover one chapter per week afterward.

Each week, please set the inspired tone of your group with the opening invocation and meditation. The first part of the group is a check-in with how the practices are going. Share successes and shifts with the group. You can share with the whole group, or break into clusters of two or more. In our cluster, you may also bring up a concern and ask for support.

The second part of the group explores New Mojo. The group leader reads a section from the chapter, or a few lines, and the group discusses and brainstorms. Then do one exercise or five minutes of free associative writing about how the theme speaks to you. Share with a partner in the group or the whole group.

Each week, please pick a partner and do the “Inspired Life You Imagine Is Real” exercise. Each person speaks for five minutes about what he desires right now, his wildest dreams. The listener listens with unconditional positive regard and encouragement and does not “fix” the speaker. Help the speaker stay on the topic of talking about what they desire. Do not let your partner digress into fears, difficulties or past limitations. This is a practice of voicing only desire, love, and excitement – in building the strength of undiluted attraction.

Join in closing meditation.

## Between Group Meetings

Between group meetings, encourage your participants to use the practices of **Inspired Self Dialogues**, **Mojo Mantra**, **Offerings** and another exercise from the chapter if they choose. All participants are welcome and encouraged to come to the group whether or not they’ve done the “homework”. This group never evaluates the commitment level of those in the group, especially since this is an **inspired** process and there would be no way to gauge what is appropriate at any given time. This group is meant to strengthen and encourage everyone, every time, at every level. Just coming to the group will be a major forward movement. There is power in gathering together.

